Atsilut
Emanation, Birthing
Being Next To God

A special blessing can be made when we move from one kind of wine to a higher quality wine or liquor: who is good and does good hatov v’hametiv

Briyah
World of Creation
Creating Something from Nothing
Air, Binah

About the four elements:
The order here reflects standard medieval science. However, in Kabbalah, the usual order is: water-Chokhmah, fire-Gevurah, air-Tiferet, earth-Malkhut.

Yetsirah
World of Formation
Crafting One Thing From Another Thing
Water, Tiferet

Vihrmh
Yehidah
World of Doing and Making
Earth, Malkhut, Shekhinah

Some people being or end the seder with grains that grow in Israel: barley, crackers from wheat, etc.

Asiyah
World of Doing and Making
Earth, Malkhut, Shekhinah

The One-Page
Save-The-Trees
Tu Bish'vat Haggadah
by Rabbi David Seidenberg
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Fruit

Drink wine at the beginning of each level, starting from the bottom

Sweetest All-Purpose Blessing After Eating:
Blessed be you YHVH our God Ruler of the World, who created many souls and what they lack, for everything you created, to give life through them to the soul/being of all life. Blessed be the Life of the Worlds.

How to do the seder
For each level:
1. Drink the wine
2. Learn a Torah text
3. Eat the fruit
4. Share songs, poems and meditations

WINE

Blessings for eating:
wine: borei p’ri hagafen
drinks: shehakol nihyeh bid’varo
tree fruit: borei ‘atsey b’samim
prepared spices: borei miney b’samim
tree vegetables and fruit of perennials: borei p’ri ha’adamah

blessings for smelling:
fruit: borei re’ach tov bapeirot
trees: borei ‘atsey b’samim
plants: borei miney b’samim

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Some people start the seder with washing and hamotsi – the blessing over bread, and end with birkat hamazon. If you do this then there will be 15 steps, including teaching at each level, corresponding to the Hebrew letter ט = Tu

Sod
Secret, Transcendent
Mysticism, Kabbalah

D’rush
Mythic
Midrashic
Poetry, Anagogy

Remez
Moral, Ethical
Parable, Allegory

P’shat
Simple
Literal

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