Psalm 42

English translation by Shoshana Brown

(Sing to the tune of East Virginia)

2. Like a hart that panteth after the water-brooks
So my soul panteth after You-
3. You are my God–oh, how my soul thirsteth–
after the living God: when shall I see You?

4. O my tears have been all my food to me
–all the day, and all the night.
When people say–“Where is your God?”
[Where are You, God? I need Your light.]

5. And when I think on how it used to be–
When I walked with the crowd, led the festive throng–
up to Your House, to Your House, oh God–
With shouts of praise, with joyous song.

6. Why art thou so downcast, O my soul,
so confounded within me?
Hope yet in God–yes I will still praise Yah,
Surely God’s face is not far from me.

7. O God my soul, my soul it is downcast,
Whereupon I remember You–
From the land of Jordan –unto the hills of Hermon–
From the mountain of Mitzar.

8. Deep unto deep--deep unto deep:
Your waterspouts they loudly roar;
All Your waves and Your breakers they wash over me–
They wash over me til I can stand no more.

9. O Lord protect me with loving-kindness–
with loving-kindness all the day.
By night Your song, Your song be with me
To the God of my life, to my God I pray.

10. I say to my God–You have been my rock–
Why have You now forgotten me?
Why should I walk, should I walk in mourning–
I walk oppressed by my enemies.
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11. They crush my bones—my tormentors revile me—
When they say all the day—“Where is your God?”
12. Why art thou cast down, O my soul—
and why so confounded within me?

Hope yet in God—still I will thank Yah;
Your sure salvation is before me—

Hope yet in God—still I will thank Yah:
My Lord, my God—You are all my life to me.